

5 STEP 5:

INDICATING YOUR ACTIVITY LEVEL



Use the arrows to find the activity that best describes your activity level.

CONFIRM EVENT

* Press the PLUS sign to confirm event.



UPON STUDY END

* Returning your device.

When recording is complete, please put all equipment, including monitor, lead wires, charger, and sealed electrodes packs back in the pre-addressed box. Seal the lid and return the box via U.P.S.

PATIENT RESPONSIBILITY:

As the patient, it is your responsibility to fulfill the following responsibilities while using the device in order to ensure proper detection and analysis of your heart's symptoms.

KEEP ELECTRODES CONNECTED



The device can only record data when it is properly connected to the electrodes on your body. The device will vibrate whenever it detects that one or more of the electrodes is disconnected. If too many of the electrodes are disconnected, the device will stop recording and prompt you to reconnect the electrodes.

KEEP THE BATTERY CHARGED



Once a day, use the charging cable to charge the device. Recharging 30-60 minutes per day should suffice to ensure that the monitor has enough charge to not interrupt your study period.

The device should not be used while swimming, showering, bathing, or participating in any aquatic activities. In these situations, disconnect the lead wire from the electrodes on your body and place the device in a safe, dry location. Use caution to avoid inadvertent submersion in water.

MOBILE CARDIAC TELEMETRY

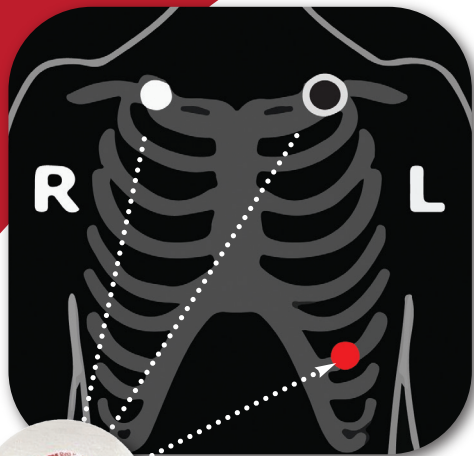


PATIENT QUICKSTART GUIDE



1 STEP 1:

ELECTRODE APPLICATION



THREE ELECTRODES

- * Select electrode sites to match the electrode configuration shown in the above illustration. Select areas over bone, avoiding muscle areas and breast tissue.
- * Clean electrode sites with alcohol and use a razor to remove excess hair.
- * Allow sites to dry before applying electrodes.
- * Connect the patient lead wire to the electrode snap.
- * Remove the protective backing from the electrode.
- * Apply the electrodes to your skin, pressing the border firmly to ensure consistent adhesion. Make sure to match electrodes to the selected configuration from the figure previously illustrated.

2 STEP 2:

ATTACH LEADS & TURN ON

Attach lead wires to device. Press and hold the power button to turn the device ON.



3 STEP 3:

PRESS PLUS (+) TO START STUDY

- * Press the PLUS button to start the study and begin recording. It is best to log a baseline at this time. Click the +, then click the right arrow and choose baseline from the list of symptoms. Click the right arrow again to complete this step.

4 STEP 4:

RECORDING EVENT SYMPTOMS

MONITORING

Touch the plus to mark an event



Time Remaining: 12:30

IF YOU FEEL SYMPTOMATIC

- * Press the PLUS sign to mark an event. The device will automatically record and send a period of time before and after the button press and sends it to **Blackstone** for analysis.

Avoid duplicated events by ensuring that you allow a couple minutes between event markings.

INDICATE YOUR EVENT SYMPTOMS

- * Use the arrows to find the symptom that best describes what you are feeling.



NEW EVENT

Got it! Now, please take a moment to select your activity level from the following list. Thank you.

Press the Right Arrow to continue