

MOBILE CARDIAC TELEMETRY

PATIENT GUIDE



Dear Home Mobile Cardiac Telemetry Patient,

Your healthcare provider has prescribed a ***In-Home MCT*** (*Mobile Cardiac Telemetry*) to evaluate you for a **Cardiac condition**.

Blackstone Medical Services will contact you to schedule your MCT test, provide the MCT test equipment and then a technician will process your results.



WHAT IS AN MCT TEST FOR?

- * Rapid Heartbeat
- * Irregular Heart Rate
- * Slow Heart Rate
- * Dizziness and Giddiness
- * Shortness of Breath
- * Palpitations
- * Chest Pain
- * Faint or Loss of Consciousness
- ... Amongst others



WHAT IS AN IN-HOME MCT TEST?

An ***In-Home MCT*** is a safe and painless diagnostic test performed in your home. MCT measures heart rhythm.

During In-Home MCT monitoring, data is recorded which enables your doctor to observe your heart activity over a prolonged period of time.



WHAT TO EXPECT:

- 1** **Blackstone Medical** will call you to schedule the delivery of the **MCT equipment**.
- 2** The test kit will typically arrive in 2-3 business days.
- 3** Take the **MCT Test** as instructed with the provided brochure. The test can last up to 30 days. A technician will contact you when the test is complete.
- 4** Return the device by following the instructions provided with the device.
- 5** When **Blackstone Medical** receives the results, the data will be processed and reviewed and a report will be sent to your healthcare provider, with whom you will discuss the results.



TEST SCHEDULING TIPS

When **Blackstone Medical** calls, the following information will be required to schedule your test:

- * Your address.
- * Date of birth.
- * Current/accurate height & weight.
- * Date you will do the test.

To learn more, contact Blackstone Medical Services at

 888.710.2727