

## SLEEP APNEA IS A **BIGGER HEALTH RELATED RISK & COST** THAN YOU MIGHT HAVE THOUGHT

*Untreated sleep apnea is costly for patients, hospitals, and insurance companies. Below are some key statistics related to the treatment of Sleep Apnea.*

✦ Undiagnosed patients use \$200,000 more in healthcare resources in the two-year period prior to diagnosis. *(Kryger 1996)*

✦ Heart failure, which has been linked to sleep apnea, is the most expensive disorder to treat *(Medicare: \$20.4 billion per annum)*. Over 75% of heart failure patients have sleep apnea. *(Oldenburg 2007)*

✦ The total economic cost of sleepiness is approximately \$43-56 billion. *(Leger 1994)*

✦ In the U.S., the average untreated sleep apnea patient's annual health care costs \$1,336 more than an individual without sleep apnea. *(Kapur 1999)*

✦ Cost analysis of the benefit of including sleep monitoring procedures in the detection of OSA demonstrated cost savings of \$9200-\$13400 per quality-adjusted life year gained. *(Chervin 1999)*

✦ Sleep apnea patients had an average 226% increase in health care use 1 year before evaluation, more hospital days, more drug use, and more visits to ER.

✦ In the 10 years leading up to a sleep apnea diagnosis, patient costs were double the 10-year average of age-matched controls.

✦ For patients with sleep apnea, costs rose steadily every year before their diagnosis. Initial data suggests that after diagnosis, yearly claims were halved.

✦ Prior to sleep apnea diagnosis, patients utilized 23-50% more medical resources. *(Smith 2002)*

**Best practice would say to begin to educate your employees and their families. So don't be asleep at the wheel!**

**Our Blackstone Physician Sleep Advisors can provide you with the tools to help screen your patients and avoid unnecessary cost and hassle for your patients.**



**Please call us today at 888-710-2727 to schedule a time to meet with one of our Physician Advisors.**

**Blackstone Medical Services** is the preferred choice for Home Sleep Testing

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