

SLEEP APNEA IS A **BIGGER HEALTH RELATED RISK & COST** THAN YOU MIGHT HAVE THOUGHT

Untreated sleep apnea is costly for patients, hospitals, and insurance companies. Below are some key statistics related to the treatment of Sleep Apnea.

✦ Undiagnosed patients use \$200,000 more in healthcare resources in the two-year period prior to diagnosis. *(Kryger 1996)*

✦ Heart failure, which has been linked to sleep apnea, is the most expensive disorder to treat *(Medicare: \$20.4 billion per annum)*. Over 75% of heart failure patients have sleep apnea. *(Oldenburg 2007)*

✦ The total economic cost of sleepiness is approximately \$43-56 billion. *(Leger 1994)*

✦ In the U.S., the average untreated sleep apnea patient's annual health care costs \$1,336 more than an individual without sleep apnea. *(Kapur 1999)*

✦ Cost analysis of the benefit of including sleep monitoring procedures in the detection of OSA demonstrated cost savings of \$9200-\$13400 per quality-adjusted life year gained. *(Chervin 1999)*

✦ Sleep apnea patients had an average 226% increase in health care use 1 year before evaluation, more hospital days, more drug use, and more visits to ER.

✦ In the 10 years leading up to a sleep apnea diagnosis, patient costs were double the 10-year average of age-matched controls.

✦ For patients with sleep apnea, costs rose steadily every year before their diagnosis. Initial data suggests that after diagnosis, yearly claims were halved.

✦ Prior to sleep apnea diagnosis, patients utilized 23-50% more medical resources. *(Smith 2002)*

Best practice would say to begin to educate your employees and their families. So don't be asleep at the wheel!

Our Blackstone Physician Sleep Advisors can provide you with the tools to help screen your patients and avoid unnecessary cost and hassle for your patients.



Please call us today at 888-710-2727 to schedule a time to meet with one of our Physician Advisors.

Blackstone Medical Services is the preferred choice for Home Sleep Testing

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