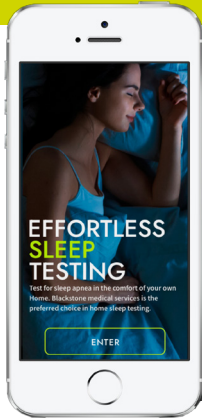


# GETTING STARTED WITH YOUR RING

Quick guide to use your Ring Test properly



1. Download the "Sleep Image" App using **App Store** or **Google Play** and Sign In with your Patient ID and Date of Birth.



2. Pair Your Recorder using Bluetooth  and Start Recording 

## QUICK NOTES

**DO NOT wear your CPAP machine while testing - this will cause the test to be INACCURATE and you may need to re-test at your own cost as you insurance may not cover a second test.**


- \* Accept all permission requests. \* Make sure your recorder is fully charged before you begin. \*
- \* Keep your phone/tablet in close proximity (15ft) and plugged into power. \*
- \* Do not stop the recording until you intend to end the study. \*
- \* After you stop the recording, check the recording History and make sure your recording is uploaded. \*

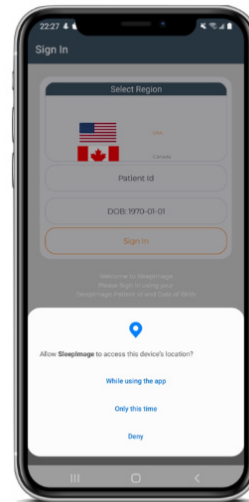
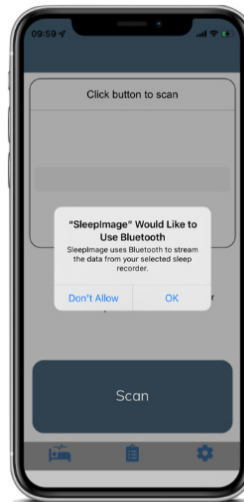
## PERMISSIONS

### \* Apple (left)

-  Click **OK** to grant access to Bluetooth.

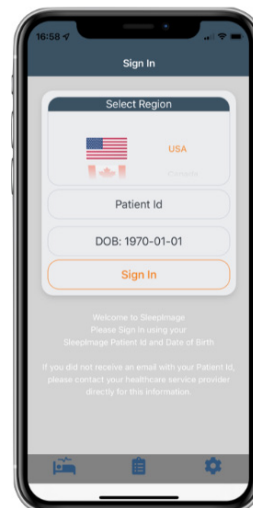
### \* Android (right)

-  Click **"While using the app"** to grant access to Bluetooth. The App does not track your location.



## SIGN IN

- \* **Enter your Patient ID.** If you did not receive a text or email with this information, please contact your Blackstone Scheduling Representative or our Customer Service Department at **813-831-2727**.
- \* **Enter your Date of Birth.**

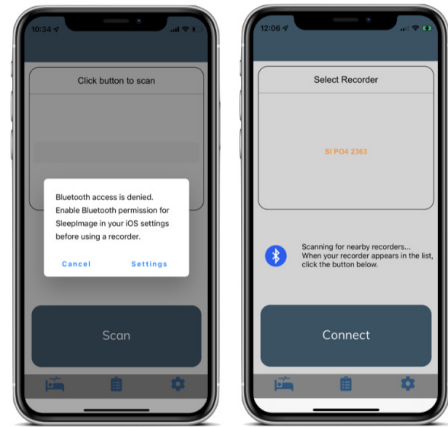


KEEP  
READING  
>>>>



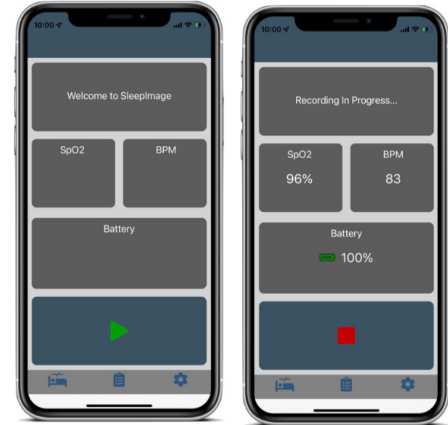
## PAIR RECORDER

- \* **Do not** pair the recorder in the phone settings!
- \* Make sure your recorder is powered on.
- \* If you see the Scan button, enable Bluetooth and then click **Scan** (left).
- \* Select your recorder and click the **Connect** button (right).
- \* Make sure the recorder is fully charged before starting a recording.



## START RECORDING

- \* **Do not** use other Bluetooth accessories, or other apps, during recording.
- \* Power **ON** your recorder by inserting a finger into the sensor.
- \* Keep your phone/tablet in close proximity and plugged in to power.
- \* Click the **START** ► button
- \* Verify that the app is displaying SpO2 and Pulse Rate.



## DURING RECORDING

- \* Stay within 15 feet during recording.
- \* If you go out of range and/or remove the ring, check the app when you return and press the **START** ► button again if necessary.
- \* Verify that the app is displaying SpO2 and Pulse Rate values.



## STOP RECORDING

- \* If the screen on the left did not appear, contact us.
- \* Click the **STOP** ■ button.
- \* Go to History tab.
- \* Check that all entries say "**Upload Status: Complete**".
- \* **Finished!** Your study has been uploaded to our servers. You are now ready to return the device. Please fill out all paperwork in the box and use the prepaid return label in the box and return the device to your nearest UPS store.

Once we receive the device back the results will be immediately sent to your doctor.

